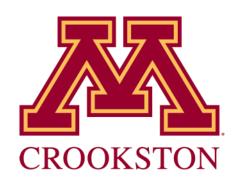


Fan Guide



UMC Facts

UMC Address: 2900 University Ave., Crookston, MN 56716 Founded: 1966 as a 2-year, 1993 as a 4-year institution Enrollment: Approximately 1,200 full-time students

Team Nickname: Golden Eagles

Colors: Maroon & Gold

National Affiliation: NCAA Division II

Conference: Northern Sun Intercollegiate Conference(NSIC)

Chancellor: Charles H. Casey, D.V.M.
Director of Athletics: Stephanie Helgeson
Assistant Athletic Director/SWA: Natasha Kuhle
Faculty Athletic Representative: Cleon Melsa, Ph.D.

Compliance Coordinator: Jason Tangquist Sports Information Director: Mitch Bakken

Bakken Phone: 218-281-8414 Bakken Email: bakke044@umn.edu

Assistant Sports Information Director: Chris Vito (Soccer

Contact)

Vito Phone: 218-281-8445 Vito Email: vito@umn.edu Sports Info. Fax: 218-281-8430

Coaching Staff

Head Soccer Coach: Chris Przemieniecki

Phone: 218-281-8420 Email: cprzem@umn.edu Fax: 218-281-8430

Assistant Soccer Coaches:

Allison Warren Kiely Bladow

Head Trainer: Stef Parsons **Asssitant Trainer:** Adam Leiphon **Training Phone:** 218-281-8427



MAJOR MEDIA OUTLETS

RADIO

KROX 1260 AM Radio, Crookston, MN (Frank Fee, Sports Director) 218-281-1140

NEWSPAPERS

Crookston Daily Times, Crookston, MN (Derek Martin, Sports Editor) 218-281-2730

Grand Forks Herald, Grand Forks, ND

Fargo Forum, Fargo, ND

TELEVISION

WDAZ - TV, Grand Forks, ND

KXJB - TV, Fargo, ND

KVLY - TV, Fargo, ND

WDAY - TV, Fargo, ND

FOX - TV, Fargo, ND

WIRE SERVICE

Associated Press, Minneapolis, MN Associated Press, Fargo, ND Associated Press, Bismarck, ND



UMC Golden Eagles

INTERVIEWS

Requests for interviews with players or coaches can be made by contacting the Sports Information Office at 218-281-8414. The best time for coaches is mid-morning.

Credits: The 2008 University of Minnesota, Crookston Soccer Media Guide was written & edited by Chris Vito, Assistant Sports Information Director and Mitch Bakken, Sports Information Director. Photography by Golden Eagle Athletics.

The University of Minnesota is committed to the policy that all persons shall have equal access to its programs, facilities, and employment without regard to race, color, creed, religion, national origin, sex, age, marital status, disability, public assistance status, veteran status, or sexual orientation. Disability accommodations provided upon request.

The Chancellor



Charles H. Casey, D.V.M.
University of Minnesota, Crookston Chancellor Charles H. Casey, D.V.M., is a distinguished veterinarian and administrator with a strong rural background and an understanding of the challenges facing rural Minnesota.

Since his appointment in September 2005, Chancellor Casey has led the University of Minnesota,

Crookston (UMC) to a 10-year continued accreditation and secured approval from the Higher Learning Commission for online delivery of all traditional degrees offered on site. He spearheaded the strategic planning process outlining a vision for the Crookston campus that provides access to world-renowned teaching and research and serves as a regional hub in northwestern Minnesota for undergraduate education leading to a University of Minnesota diploma; technology applications in higher education; innovation, entrepreneurism and regional sustainability; leadership development; and global and diverse cultural experiences.

Under his leadership, the Crookston campus has seen a rise in enrollment for incoming freshmen, transfer and international students. Online credit hours also continue to climb.

Prior to joining UMC, Chancellor Casey served as dean and director of the University of Minnesota Extension Service and the director of the Veterinary Outreach Programs at the University of Minnesota College of Veterinary Medicine. He holds a bachelor of science and doctor of veterinary medicine degree from the University of Minnesota.

Among his awards are the Outstanding Achievement Award from the University of Minnesota; Director's Distinguished Service Award from the Minnesota Extension Service; Torch & Shield Award from the University of Minnesota, Crookston; and he was named Minnesota Veterinarian of the Year in 1984. He is a recipient of the Honorary State Future Farmers of America Degree and the Friend of 4-H Award.

Chancellor Casey has three children, Shannon, Heather and David and three grandchildren, Maggie, Griffin and Reid. He and his wife, Barbara Muesing, enjoy traveling, especially to visit family.

Director of Athletics



Stephanie Helgeson
Stephanie Helgeson
begins her 14th year
with the UMC athletic
department. She was
named Athletic Director
in October of 2003.
Previously she was
the Sports Information
Director and most
recently the Assistant
Athletic Director/Senior
Woman Administrator
(SWA) at UMC.

A native of Erskine, MN, she attended the University of Minnesota, Crookston from 1990-91 before receiving her bachelor's degree in Business Administration from the University of North Dakota in 1995. Stephanie will receive her Masters Degree in Educational Leadership from the University of North Dakota in the summer of 2009. She is currently a member of the National Association of Collegiate Women Athletic Administrators, National Association of Collegiate Directors of Athletics (NACDA), Development Directors and NCAA Division II Athletic Administrators and successfully completed the University of Minnesota President's Emerging Leaders Program in June of 2006.

Stephanie and her husband Tom reside at Maple Lake in Mentor, Minnesota.







UNIVERSITY OF MINNESOTA CROOKSTON



Invent yourself

at the University
of Minnesota,
Crookston, Discover
your passion and
place with our
applied, handson learning and
research and toplevel technology.



Academic Degree Programs*

- Accounting
- Agricultural Business
- Sustainable Development
- Agricultural Education*
 - Agricultural Science and Technology Education
 - Natural and Managed Environmental Education

· Agricultural Systems Management

- Farm and Ranch Management
- Power and Machinery
- Precision Agriculture
- * Agronomy
 - Agronomic Science
 - Crop Production
- Animal Science
- Pre-Veterinary Medicine
- *Applied Health (B.A.H.)**
- * Applied Studies
 - Respiratory Care
- · Aviation
- Agricultural Aviation
- Business Aviation
- Law Enforcement Aviation
- Natural Resources Aviation
- · Blology
- · Business Management
 - Entrepreneurship and Small Business Mgmt.
 - Management**
- Marketing
- Communication
- · Computer Software Technology
- Criminal Justice*
- Early Childhood Education*
- Primary Education
- Program Management
- * Equine Science
 - Pre-Veterinary Medicine
- · Golf and Turf Management
- · Health Management

- Health Sciences (Pre-Professional)
- Pre-Chiropractic 6
- Pre-Dentistry *
- Pre-Medicine *
- Pre-Nursing^
- Pre-Occupational Therapy *
- Pre-Pharmacy^
- Pre-Physical Therapy 6
- · Horticulture
 - Environmental Landscaping
- Production Horticulture
- · Hotel, Restaurant and Institutional Mgmt.
 - Food Service Administration
 - Hotel and Restaurant Management
 - Resort and Spa Management
- · Information Technology Management
- · Manufacturing Management (B.M.M.)*
 - Quality Management
- · Natural Resources
 - Natural Resources Law Enforcement
- Natural Resources Management
- Park Management
- Water Resource Management
- Wildlife Management
- Psychology (B.A.S.)
- Sport and Recreation Management

Minors

- Biology
- · Business Management
- · Coaching
- · Communication
- · Horticulture
- · Information Technology Management
- · Music

Program option

- · Air Force ROTC
- * All programs are Bachelor of Science unless officiwise noted.
- ** Online option available
- 1. Collaborative program with another institution
- Study option

www.UMCrookston.edu

Discover the University of Minnesota, Crookston



Invent Yourself

Innovate with technology—At the original laptop U, technology is integrated across teaching and learning in all disciplines. Computers are a vital part of your experience: you'll be equipped with a laptop and WiFi is virtually everywhere on campus.

Explore and discover—Get paid to design and conduct your own research or work alongside faculty on projects. The 14:1 student-to-faculty ratio ensures that dedicated faculty members will help you succeed.

Become a leader—Internships and volunteer opportunities are built into your coursework. You have access to more than 40 clubs and organizations on campus and student-athletes compete at the NCAA Division II level.

Secure the career you went—With a 93% job placement rate, you'll find a job in your field of study within six months of graduation.

Just the Facts

Chancellor Charles H. Casey, D.V.M.

Enrallment 1200

Number of majors/degrees

26 majors, 7 minors Bachelor of Science Bachelor in an Applied Field

Annual tuition and required fees \$8821

Student to faculty ratio 14:1

Strengths of the Crookston campus

- . Beautiful, private campus setting
- Hands-on, applied learning and research
- Outstanding, caring faculty and staff
- · NCAA Division II athletics
- World class U of M degree

Location

Crookston, MN 25 miles east of Grand Forks, ND 290 miles northwest of Minneapolis/St. Paul

Awards and Recognition

- Agriculture students have taken home the North American Colleges and Teachers of Agriculture (NACTA)
 Sweepstakes Award 12 times in the last two decades.
- Business students were named Students in Free Enterprise (SIFE) Regional Champions for eight consecutive years.
- Water resource management students have received the Student Conservationist Award or runner-up from the Soil and Water Conservation Society, Minnesota Chapter, five out of the last six years.
- Horticulture students placed first in 2006 in the Mid-America Collegiate Horticulture Society (MACHS) 2006 competition, topping Michigan State University and Purdue University.

Small Campus, Big Degree

- 100% of students participate in program-related internships
- Nearly 90% of graduates are satisfied with the University experience at the University of Minnesota, Crookston
- 85% of students said that attending the Crookston campus helped them gain computer skills
- 81% of students receive need-based or merit-based financial aid
- 78% of students said that the use of information technology in courses has improved their learning

U.S. News & World Raport has ranked U of M, Crookston a "Top Public Baccalaureate College" for ten consecutive years



The University of Minnesota is an equal opportunity educator and employer. Disability services are provided upon request. Contact 218-281-8587.

© 2007 Regents of the University of Minnesota. All rights reserved. Printed in USA. 08/2007

© 10% post-consumer waste.

A Brief History of UMC

1851

The Minnesota Territorial Laws of 1851, chapter 3, establish the University of Minnesota (at what is now its Minneapolis campus) and vest its government in a Board of Regents. This statute was approved on February 25, 1851

1858

Minnesota becomes a state.

1879

The city of Crookston is incorporated.

1895

The Minnesota legislature appropriates \$30,000 to procure equipment and to construct two experimental research farms, one at Morris and one at Crookston. The Great Northern Railway, under the guidance of **James J. Hill**, donates 476.61 acres. The Northwest Experiment Station is established.

1905

Minnesota legislature appropriates \$15,000 to establish the <u>Northwest School of Agriculture</u>, a regional residential agricultural high school. The school provides training in "the technical and practical business of agriculture and in the art of homemaking." The term of schooling begins in October and ends in March to accommodate farm students.

1909

The first class graduates from the Northwest School of Agriculture.

1963

With the changing demands of the region and in the agriculture industry, it becomes apparent to state officials that a college-level technical educational institution is urgently needed. A study by the University of Minnesota Bureau of Field Studies begins an examination of new roles for the Northwest School of Agriculture. University Regents discuss launching a college-level technical institute.

1965

Dr. Stanley D. Sahlstrom is appointed head of the <u>University of Minnesota Technical Institute</u> to be located on the campus of the Northwest School of Agriculture in Crookston.

1966

Classes begin in September at the University of Minnesota Technical Institute. Associate in Applied Science degrees are offered in three academic divisions: Agriculture, Business, and General Studies. Dedication ceremonies for the new college are held on November 30, 1966. Students of the Northwest School of Agriculture and the U of M "Tech" share the campus through the spring of 1968.

1968

The final class of the Northwest School of Agriculture graduates in the school's 60th commencement ceremonies.

The first class graduates from the University of Minnesota Technical Institute, now an official coordinate campus of the University of Minnesota. (Renamed University of Minnesota Technical College in 1969.)



1985

Dr. Donald Sargeant is appointed provost of Crookston campus. The title for all coordinate campus chief executive officers is changed from provost to chancellor.

1988

University of Minnesota Regents officially change name of Crookston campus to University of Minnesota, Crookston.

1992

U of M Board of Regents gives UMC approval to offer baccalaureate degree programs at its June meeting. 1993

UMC's baccalaureate degree programs are approved by the Minnesota Higher Education Coordinating Board and accredited by the North Central Association of Colleges and Schools. Three academic divisions support the new polytechnic concept: Agricultural Management, Management, and Technical Studies. Classes for the baccalaureate degrees begin that fall. In the fall UMC's technology component is also initiated, providing each full-time student with a notebook computer and preinstalled software.

1994

UMC's first bachelor of science degrees are awarded at commencement ceremonies. A small group of students had been working on a "3 + 1" degree agreement before UMC had been authorized to offer four-year degrees. In the spring of 1994, twenty-four students receive their B.S. degree at UMC. 1998

A new structure for Academic Affairs redefines program areas into four academic centers and one technology support center.

UMC is ranked third in "Best Midwest Regional Colleges" by US News for the 1998-99 year.

1999

UMC moves up to rank second in "Best Midwest Regional Colleges" by US News for the 1999-2000 year.

2000

Yahoo! Internet Life Magazine Online ranks UMC the "#1 Most Wired College" in its category (Baccalaureate II) for 2000.

UMC remains ranked at second in "Best Midwest Regional Colleges" by US News for the 2000-2001 year.

2001

UMC is honored with the "Pioneer Award" at the Fourth Annual Conference on Ubiquitous Computing, held January 4-6, 2001, at Seton Hall University in South Orange, New Jersey.

The Wall Street Journal calls UMC "The College of the Future—Today" in special section on technology and education that includes a full-page feature on UMC appearing in the Monday, March 12, edition.



2008 Season Outlook

In keeping with their tradition of geographic diversity, the 2008 University of Minnesota, Crookston Women's Soccer squad consists of players from not only Minnesota but also from Florida, Nevada, New Mexico, New York, Washington, Wisconsin and the Canadian Province of Ontario.

Leading the way for the Golden Eagles attack will be sophomores **Megan Gibeault** (**Fwd., Green Bay, Wis.**) and **Kelsey Palmer** (**Fwd., Crookston, Minn.**). Both Gibeault and Palmer led the team in total points with 18 last season. Gibeault tallied eight goals to lead the team in scoring in 2007. Also returning to the offensive punch is senior **Richelle Copiak** (**Fwd./Mid., Calgary, Alberta, Canada**) who scored one goal and added two assists. U of M, Crookston has added **Ashley Sletten** (**Mid./Fwd., Glenwood, Minn.**) who scored 46 career goals in high school and Brigham Young University-Idaho transfer **Auralee Strege** (**Fwd., Forest Lake, Minn.**) who led the league in goals scored for her club team.

In the midfield, expect to find more experience than youth this fall. Seniors Alyssa Jensen (Fwd./ Mid., Def., Rice Lake, Wis.), Amber Erdmann (Mid./Fwd., Crookston, Minn.), junior Megan Hannon (Mid., Green Bay, Wis.) and last season's redshirt freshman Kasey Castor (Mid., Northglenn, Colo.) bring much experience to the midfield. In addition, junior college transfer and two-time All-Conference selection Justine Jones (Mid./Fwd., Richland, Wash.), who tallied over 20 goals and 20 assists in her two seasons at Walla Walla Community College, brings tremendous experience to the midfield. Redshirt freshman Emmy Peltier (Mid., Starbuck, Minn.) has also been added.

Defensively, the Golden Eagles retained the services of sophomores Alysia "Lucy" Lucero (Def., Albuquerque, N.M.) and Stephanie Lee (Def., Port Chester, N.Y.) who were both regular key starters from last season. However, with the graduation of All-Conference and NCAA Division II and U of M, Crookston record holder Kiely Bladow, Coach Przemieniecki has moved last season's midfielder and senior captain Vanessa Copiak (Mid, Calgary, Alberta, Canada) to the back. In addition, a group of talented freshmen will also be looked upon to help defend the Golden Eagle goal. Freshman Amanda Reiter (Mid./Fwd., Walker, Minn.), Kayla Wallis (Def., Lakeville, Minn.), Michelle Cavanaugh (Def., Las Vegas, Nev.) and redshirt Stephanie Moore (Def., St. Paul, Minn.) round out that group.

The goalkeeping duties rest squarely on the shoulders of three talented goalkeepers who have matured in net over the last two seasons. Sophomores **Anna Ogaard (GK, Maple Grove, Minn.)**, **Leyla Castillo (GK, Miami, Fla.)** and junior **Athena Mussenden (GK, Kenosha, Wis.)** will all challenge for the starting position. Mussenden started seven games in 2007 and had a 1.90 Goals Against Average (GAA). Castillo started five games and posted a 2.18 GAA and Ogaard started four games and posted a 3.88 GAA.

The Golden Eagles made great progress in 2007 winning more games than the previous two seasons. With the addition of four new schools in the Northern Sun Intercollegiate Conference (NSIC), this fall will be a challenge for U of M, Crookston as they look to continue to climb up the conference ladder. The Golden Eagles open the season on the road on Sunday, August 31 in Kenosha, Wis. against non-conference foe Millikin University (IL) at 12:00 pm. The home opener takes place on Saturday, September 6 when U of M, Crookston plays host to the University of Wisconsin-Superior in a 2:00 pm non-conference contest.

#7
Amber
Erdmann

Senior Defender/ Midfielder/Forward Crookston, MN



Amber Erdmann #7
Defender/Midfielder/Forward
Senior - 5'9
Crookston, MN

Coach's Comments: "Since her freshman year, Amber has grown stronger each season. Her strength continues to be striking and serving long balls. Her senior year should prove to be her best."

2007: Started 14 of 20 games played... scored four goals and added two assists for ten points...scored two goals in a 15-0 win over Presentation College.

2006: Started 15 of 18 games played...added one assist...played goalkeeper against Northern State and University of Mary.

2005: Started 13 of 21 games played...scored one goal against Jamestown College.

High School/Club: Earned Most Valuable Offensive player award and led the team in scoring with 10 goals in 2004...helped lead club team to two summer league championships and a trip to the 2003 Minnesota Youth Soccer Chevy State Cup...also ran track.

Academic Major: Health Science with a Coaching minor



#9 Alyssa Jensen

Senior Forward/Midfielder/ Defender Rice Lake, WI



Alyssa Jensen #9
Forward/Midfielder/Defender
Senior - 5'3
Rice Lake, WI

Coach's Comments: "Alyssa has found herself playing many different positions since her freshman year and this versatility is her greatest asset. With her speed and endurance, Alyssa will challenge for a starting position either as a wide mid-fielder or a forward."

2007: Played in 19 games starting 15...scored one goal and added two assists for four points...scored

a goal and added an assist in a 15-0 win over Presentation College.

2006: Started 17 of 17 games played...was awarded the team's Goal of the Year Award for her game winning goal against Upper Iowa.

2005: Started 19 of 21 games played...tallied one assist.

High School/Club: Earned Most Valuable Player awards both junior and senior year in high school...also named the teams' Offensive Player of the Year award... earned 1st team All-Conference...was a member of the Wisconsin High School Senior Bowl...club team won the U19 Wisconsin State Championships and participated at the 2005 USYSA Regional play-offs.

Academic Major: Business Marketing



#10 Vanessa Copiak

Senior/Captain Defender/ Midfielder Calgary, AB



Vanessa Copiak #10 Defender/Midfielder Senior/Captain - 5'4 Calgary, Alberta-Canada

Coach's Comments: "Vanessa leads by example through her hard work on and off the field. She gained considerable respect in the Conference with her ability to lead the team in assists and her performance. While she is on pace to break the UMC assist record, Vanessa will most likely be moved to the back to help lead the defense."

2007: Started all 20 games for the Golden Eagles... scored four goals and added seven assists for 15

points...scored a goal and added two assists in a 15-0 win over Presentation College...scored two goals in a 4-3 double overtime win over Wayne State College.

2006: Started 14 of 15 games...suffered a season ending injury.

2005: Attended Mayville State University (ND)...led the team in assists with 11.

Academic Major: Business



#15
Richelle
Copiak

Senior Forward Calgary, AB



Richelle Copiak #15
Forward
Senior - 5'5
Calgary, Alberta- Canada

Coach's Comments: "Richelle has primarily been a role player for us. Her strength and dedication to improve not only has resulted in challenging herself in becoming a stronger and better player, it has impacted her teammates performance as well which makes her a tremendous asset to the program."

2007: Played in 16 games starting two...scored one goal and added two assists for four points.

2006: Played in 15 games starting one.

2005: Attended Mayville State University (ND).

Academic Major: Business



#00

Leyla

Castillo

Sophomore Goalkeeper Miami, FL



Leyla Castillo #00 Goalkeeper Sophomore - 5'3 Miami, FL

Coach's Comments: "Leyla is quick, agile and very dynamic in the goal. She proved herself as the number one goalkeeper during the spring season but will have stiff competition this fall from our other two goalkeepers. She is not afraid to challenge and has a strong punt."

2007: Played in nine games starting five...recorded a shutout victory against MSU Moorhead...recorded 30 saves on the season.

2006: Played in nine games starting five...recorded a 2-3 record with 30 saves.

High School/Club: Earned 2nd team All-County in 2007 and Player of the Week honors in 2006...played three years of varsity soccer...named All-County Honorable mention in 2006...was a member of a club team that won both district and regional championships...also competed in water polo in high school.

Academic Major: Undeclared

#0

Anna

Ogaard

Sophomore Goalkeeper Maple Grove, MN



Anna Ogaard #0
Goalkeeper
Sophomore - 5'8
Maple Grove, MN

Coach's Comments: "Anna comes to UMC looking to battle for a starting position. Her height and ability to direct the defense will prove to be a huge asset for us."

2007: Played in 11 games starting four...recorded 42 saves on the year...scored a goal in a 15-0 win over Presentation College.

High School/Club: Earned 1st Team All-Conference and was team captain her senior year...2nd team All-Conference her junior year...received the Most Dedicated Award...played for Maple Brook Blast and powerhouse Twin City Fire SC which placed second in the U19 Division at the USA Cup...was also a four-year track star.

Academic Major: Dietetics & Applied Studies

#1

Athena

Mussenden

Junior Goalkeeper Kenosha, WI



Athena Mussenden #1
Goalkeeper
Junior - 5'7
Kenosha, WI

Coach's Comments: "After sharing the spotlight in goal last season, Athena will look to challenge for the #1 goalkeeping position. Her athleticism, quickness and vertical jump are her key assets."

2007: Played in 14 games starting seven...recorded a 1.90 Goals Against Average and 65 saves on the season...recorded a 3-0 shut-out victory over Dakota Wesleyan.

2006: Played in 17 games...recorded a 2.13 Goals Against Average.

High School/Club: Earned All-Conference Honorable Mention in 2004 and 2005...selected as Defensive MVP her senior year...selected for the Team Sportsmanship Award...also played basketball.

Academic Major: Business

#2

Kasey Castor

Freshman/Captain Midfielder North Glenn, CO



Kasey Kastor #2
Midfielder
Freshman/Captain - 5'0
North Glenn, CO

Coach's Comments: "After serving as a red-shirt in 2007, Kasey steps in this fall determined will be one of our leaders. Her decision-making process is solid and her work-rate is outstanding. She is an exciting player to watch."

2007: Redshirt season.

High School/Club: A four-year varsity letter winner...earned All-Conference, 2nd team All-Region, and Honorable Mention All-State including Gatorade Rookie of the Year her freshman year...also played softball.

Academic Major: Natural Resources Law Enforcement

#3 Megan Hannon

Junior Midfielder Green Bay, WI



Megan Hannon #3
Midfielder
Junior - 5'1
Green Bay, WI

Coach's Comment: "Megan has made great strides since she came to UMC as a walk-on in 2006. Her determination, understanding of the game, and competitive nature will be critical for her as she challenges to be a full-time starter."

2007: Played in 18 games starting ten...scored a goal in a 3-0 victory over Dakota Wesleyan.

2006: Played in 12 games starting seven.

High School/Club: A standout from at Aschwaubenon High School...helped her high school team reached the Wisconsin State Regional Finals.

Academic Major: Equine/Pre-Veterinary



#6 Megan Gibeault

Sophomore Forward Green Bay, WI



Megan Gibeault #6
Forward
Sophomore - 5'6
Green Bay, WI

Coach's Comments: "We are looking for Megan G to continue to do what she does best- score goals. Her speed and quickness makes her such a dangerous front runner. She lead the team in scoring last season and is on pace to set the all-time scoring record."

2007: Played in 19 games starting 18...scored eight goals and added two assists for 18 points...scored

all three goals in a 3-0 win over MSU Moorhead.

High School/Club: Was a 1st team All-Conference and Honorable Mention All-State in 2005... earned team Most Valuable Player honors...was a 2nd team All-Conference selection in 2007 and helped her team reach the Wisconsin State Regional Finals in 2006...also ran cross country.

Academic Major: Communications

#17
Stephanie
Lee

Sophomore Defender Port Chester, NY



Stephanie Lee #17
Defender
Sophomore - 5'8
Port Chester, NY

Coach's Comments: "Stephanie had a great year in 2007. She is tough, versatile, technically sound and a very consistent player. She will be one of our key returning defenders this fall that can defend and go forward. Her ability to serve the long ball is also a huge asset for the program."

2007: Played in 20 games starting 18.

High School/Club: 3-year varsity letter-winner...was a club team captain.

Academic Major: Early Childhood Education

#19
Alysia
Lucero

Sophomore/ Captain Defender Albuquerque, NM



Alysia "Lucy" Lucero #19 Defender Sophomore/Captain - 5'4 Albuquerque, NM

Coach's Comments: "Lucy has made huge strides in improving her game speed and understanding of the game. As a young captain and returning starting defender, she has been given the task to lead on and off the field. Her ability to serve balls will provide the front runners with lots of scoring opportunities."

2007: Played in and started all 20 games.

High School/Club: A two-year varsity letterwinner... earned team MVP honors... played with club power Rio Vista FC...participated in various elite tournaments including the Orange Bowl Classic and the Nomads (CA)...club team placed third at the New Mexico State Cup.

Academic Major: Psychology

#20

Kelsey Palmer

Sophomore Forward Crookston, MN



Kelsey Palmer #20 Forward Sophomore - 5'3 Crookston, MN

Coach's Comments: "One of our most technically gifted players, Kelsey had a strong performance up top last season and will be looked upon to match that and do better this fall. Her vision, craftiness, and know-how to put the ball in the back of the net is critical for our offense. She is an exciting player to watch."

2007: Played in 20 games starting 18...scored seven goals and added four assists for 18 points...scored three goals and added two assists for eight pointsin a 15-0 win over Presentation College.

2006: Attended University of Minnesota-Duluth...did not play soccer.

High School/Club: A four-year varsity starter...earned team Offensive Most Valuable Player honors and was selected as Player of the Week...an Academic award winner for 4 years... helped lead summer club team to two league championships and a trip to the 2003 Minnesota Youth Soccer Chevy State Cup.

Academic Major: Early Childhood Education

#4 Kayla Wallis

Freshman Defender Lakeville, MN



Kayla Wallis #4
Defender
Freshman - 5'10
Lakeville, MN

Coach's Comments: "Kayla has an exceptional left foot and her height will be a huge factor for us in the back. She is expected to challenge for a starting position in the back."

High School/Club: A stand-out defender from Lakeville North HS.. varsity Letter winner at Lakeville North High School.

Academic Major: Undeclared

#11
Justine
Jones

Junior Midfielder/Forward Richland, WA



Justine Jones #11
Midfielder/Forward
Junior - 5'3
Richland, WA

Coach's Comments: "Justine will be instrumental in leading UMC this fall. Her skills, vision, and poise is critical in creating offensive opportunities and slowing down any threats to our goal. She will be one of our central midfielders this fall and is expected to make an immediate impact."

2006-2007: a transfer from Walla Walla Community College... won the NWAACC East Region Cham-

pionship in 2006 and 2007...team finished with a 22-1-1 record...served as team captain in 2007...was named to the NWAACC All-Conference and All-Star teams in 2006 and 2007...scored 14 goals and added 5 assists for 33 points in 2006... scored 14 goals and added 12 assists for 40 points her 2nd season at WWCC... during her high school days at Richland she helped her team win a State Championship.. was a State Runner-up... was a 3-year All-Conference selection during her four years.

High School/Club: Named All-Conference and All-State at Richland High School... served as team captain.

Academic Major: Hotel, Restaurant and Institutional Management

#12

Emmy

Peltier

Redshirt Midfielder Starbuck, MN



Emmy Peltier #12
Redshirt - 5'1
Starbuck, MN

High School/Club: Earned soccer's Most Versatile Player Award at Minnewaska Area High School in 2006...will red-shirt this season.

Academic Major: Pre-Physical Therapy

#14
Amanda
Reiter

Freshman Defender/ Midfielder Akeley, MN



Academic Major: Biology

Amanda Reiter #14
Defender/Midfielder
Freshman - 5'2
Akeley, MN

Coach's Comments: "Amanda is a solid player with a drive and determination to excel. She has deceptive speed and will look to challenge for a starting position."

High School/Club: Earned the Most Improved Player Award at Walker-Hackensack-Akeley High School in 2005 and 2007...was co-captain her senior year.

#16
Michelle
Cavanaugh

Freshman Defender/ Midfielder Las Vegas, NV



Michelle Cavanaugh #16
Defender/Midfielder
Freshman - 5'9
Las Vegas, NV

Coach's Comments: "Michelle is a very strong player. She can strike a ball and will challenge for a starting position in our back line or the mid-field."

High School Club: A stand-out player from the Las Vegas area.

Academic Major: Pre-Medicine

#18
Auralee
Strege

Freshman Forward/Midfielder Forest Lake, MN



Auralee Strege #18
Forward/Midfielder
Freshman - 5'1
Forest Lake, MN

Coach's Comments: "Auralee is explosive, quick, agile and down right fast. She will be an excellent addition to our forwards and looked upon to score goals."

2007: A transfer from Brigham Young University of Idaho ...was the leagues leading goal scorer with ten goals and two assists...team finished second in the

league...earned Most Valuable Player honors in high school in 2006.

Academic Major: Horticulture

#21

Ashley Sletten

Freshman Midfielder/Forward Glenwood, MN



Ashley Sletten #21
Midfielder/Forward
Freshman - 5'5
Glenwood, MN

Coach's Comments: "Ashley will be looked upon to be an offensive threat and score goals. She has good speed and a natural instinct to score goals."

High School/Club: A multi-sport athlete (track, soccer, basketball) from Minnewaska Area High School....earned Most Valuable Offensive Player in 2006 and 2007...scored 46 career goals...All-Confer-

ence in soccer, track, and basketball.

Academic Major: Undecided

#22
Stephanie
Moore

Redshirt Defender St. Paul, MN



Stephanie Moore #22
Defender
Redshirt - 5'7
St. Paul, MN

High School/Club: Was honored as Ms. Govie at St. Paul Johnson High School... earned Academic All-Conference...was selected as captain her senior season...will red-shirt this season.

Academic Major: Undecided

Assistant Coach Profiles

Kiely Bladow



Kiely Bladow Monument, CO

Kiely begins her first season as an assistant coach for the Golden Eagles after a stellar career at UMC under Coach Przemieniecki from 2004-2007. While from 2004-2006, Kiely was a key starter and played every game including winning the team Most Valuable Player of the Year honors in 2006. Her senior season was

truly her best. In 2007, Kiely was named to the NSIC 2nd Team All-Conference team, the Daktronics 2nd Team All-Central Region team and earned the NSCAA/Adidas All-Central Region Honorable Mention honors. Kiely is only the second player in UMC history to earn the NSCAA/Adidas award, as this is considered the most prestigious award for NCAA DI, II and III soccer players. She was the UMC Defensive Player of the Year in 2006 and 2007 and currently holds the Golden Eagle career records for number of assists in one game with five against Presentation College, in a season with 13 and in a career with 17. However, Kiely's performance her senior season led to her leading both UMC and the NSIC in assists. She was also ranked fourth in all of NCAA Division II women's soccer in total number of assists for the season with 13 and ranked sixth in NCAA Division II in assists per game average with a .65 at the end of the season. Kiely was an NSIC All-Academic and UMC Academic Athletic Award winner. Kiely was also nominated as the UMC Female Athlete of the year for the 2007-08 academic years. In her four years, Kiely started and played in every game (78). She graduated in May of 2007 with a bachelor's degree in Early Childhood Education.

Assistant Coach Profiles

Allison Warren



Allison Warren Burlington, Ontario, Canada

Allison also begins her first season as an assistant coach for the Golden Eagles and also played for Coach Przemieniecki from 2003-2006. Ali earned NSIC All-Conference honors her senior season in 2006 and NSIC All-Academic and UMC

Academic Athletic awards. In 2006, she also

earned the team's Most Valuable Player of the Year award and was selected as a three-time Defensive Player of the Year, 2003, 2004 & 2006. Allison graduated May 2007 with a degree in Biology.

Jon Benz



Jon Benz Student Assistant

Jon will begin his second season as a student-assistant and will primarily be responsible for video taping and game analysis for the Golden Eagles. As a former multi-sport athlete, Jon brings a strong perspective to

the game tactically and mentally. Jon will graduate form UMC with a degree in Law Enforcement in December 2008.

Head Coach Profiles

Chris **Przemieniecki**



Chris Przemieniecki will begin his 18th season in collegiate soccer and his seventh as the head coach for the University of Minnesota-Crookston Golden Eagles. UMC Soccer has a fresh new look in 2008 with the addition of new players.

Przemieniecki has coached for NCAA Division I, NCAA Division III and NAIA institutions. He began his coaching career in 1991 where he was an assistant/goalkeeper men's soccer coach at Wilmington College (OH). From '92-'94, he served as the men's assistant / goalkeeper coach at Illinois State University, a NCAA Division I institution. From '94-'95, he was head men's and women's soccer coach at Marycrest International University (IA), a NAIA institution. From '95-'98, he was the head men's soccer coach at Marietta College (OH), a NCAA Division III school. While at Marietta, he guided MC to their first conference tournament appearance and regional ranking. From '98-'99, he returned to serve as a NCAA Division I men's assistant soccer coach at Bowling Green State University (OH). In '99-'01, Przemieniecki served as the head men's and assistant women's soccer coach at Lambuth University (TN). As the men's coach, he recorded 20 wins in two seasons includ-

ing a conference tournament title, a NAIA regional championship appearance, and a national ranking of #22 in 1999. The women's team qualified each season for the conference tournament and reached the final four in 1999. In April of 2000, Przemieniecki was a guest coach with the Polish Soccer Federation for Poland's Men's National team and the Under 21's.

In addition to his collegiate responsibilities, Przemieniecki holds a USSF "A" License, teaches coaching courses for US Soccer, and is a staff coach for Region II Olympic Development Program, the Minnesota Youth Soccer Association, and the North Dakota Soccer Association. Locally, Przemieniecki served as Director of Coaching for the Crookston Youth Soccer Association and is now the Director of Coaching and Player Development for the Greater Grand Forks Soccer Club. He is also the NCAA Division II National and Central Region Chairperson for the NSCAA/NCAA All-American Selection process.

A former goalkeeper, Przemieniecki has experience at the amateur, collegiate, and international levels. He played collegiately at Otterbein College in Ohio (1987-1989) where he was part of two conference championship seasons. He then traveled overseas and trained for a summer with Augustov and Olysten, club teams in Poland. From 1989-1992, he played semi-professional with Edelweiss F.C., winning the Ohio Men's Senior State Championship in 1990 and earned a trip to the U.S. Senior National Championships. In the spring/summer of 1992, Przemieniecki returned overseas to Spain to play and train with Heriz F.C. and San Fernando F.C.

Przemieniecki is a 1992 graduate of Wright State University with a bachelor's degree in Sociology, a 1994 graduate of Illinois State University with a master's degree in Criminal Justice Sciences, and currently completing his doctorate degree in criminal justice at the University of North Dakota. He also teaches criminal justice and sociology courses at UMC.

Head Coaching Career Record

1994 Marycrest University (IA), 13-8-1, Qualified for Conference Tournament

1995 Marietta College (OH), 7-11-1

1996 Marietta College, 10-7-3 1997 Marietta College, 11-8-2 Qualified for Conference Tournament, Great Lakes Regional Ranking (#9)

1999 Lambuth University (TN), 10-11-1, Conference Tournament Champions NAIA Regional Tournament Final Four

2000 Lambuth University, 10-11-0, Qualified for Conference Tournament NAIA National Ranking (#22)

2001 Univ. of Minnesota, Crookston, 0-13-1
2002 Univ. of Minnesota, Crookston, 7-12-0 Most wins in the history of the program
2003 Univ. of Minnesota, Crookston, 6-12-2 1st ever NSIC tournament berth
2004 Univ. of Minnesota, Crookston, 3-15-0
2005 Univ. of Minnesota, Crookston, 2-19-0
2006 Univ. of Minnesota, Crookston, 2-15-1
2007 Univ. of Minnesota, Crookston, 5-15-0

2007 Univ. of Minnesota, Crookston 5-15-0

2008 Golden Eagles



2008 Coaches



2008 Golden Eagle Soccer Schedule



DATE	OPPONENT	SITE	TIME
8/31	Millikin University (IL)	Kenosha, WI	12:00 pm
9/1	University of Wisconsin-Parkside	Kenosha, WI	12:00 pm
9/6	University of Wisconsin-Superior	Crookston, MN	2:00 pm
9/7	Jamestown College	Crookston, MN	12:00 pm
9/14	St. Cloud State University (#)	St. Cloud, MN	2:00 pm
9/20	Upper Iowa University*	Crookston, MN	1:00 pm
9/21	Winona State University*	Crookston, MN	1:00 pm
9/26	University of Minnesota Duluth*	Duluth, MN	6:00 pm
9/28	Bemidji State University*	Bemidji, MN	1:00 pm
10/4	St. Cloud State University*	Crookston, MN	1:00 pm
10/5	Concordia University-St. Paul*	Crookston, MN	1:00 pm
10/11	University of Mary*	Bismarck, ND	11:00 am
10/12	Northern State University*	Aberdeen, SD	1:00 pm
10/15	University of North Dakota	Grand Forks, ND	3:00 pm
10/18	MSU Moorhead	Crookston, MN	1:00 pm
10/19	Jamestown College	Jamestown, ND	1:00 pm
10/25	Augustana College*	Crookston, MN	1:00 pm
10/26	Wayne State College*	Wayne, NE	1:00 pm
11/1	Minnesota State*	Mankato, MN	1:00 pm
11/2	Southwest Minnesota St*	Marshall, MN	1:00 pm
11/5	1st Round NSIC Tournament	TBA	TBA
11/8-9	2008 NSIC Championships	TBA	TBA

^{(#) =} Non - Conference Game with NSIC Opponent

^{(*) =} NSIC Game

Key Losses	Pos	<u>Hometown</u>		2007 NS	IC Soc	cer I	inal	Standings			
Kiely Bladow	M/D	Monument, CO	STANDINGS	CONFI	ERENCE- Pct	—_ GF	GA	OVERALI	 Pct	GF	GA
Becky Thorbjornson	M	Rapid City, SD	Winona State	8- 1- 0	.889	24	5	16- 3- 2	.810	45	7
			Northern State	7- 1- 1	.833	17	2	15- 4- 3	.750	45	15
IZ D 4	D	TT 4	Upper Iowa	6- 2- 1	.722	21	11	12- 8- 1	.595	40	36
Key Returners	Pos	Hometown	University of Mary	6- 3- 0	.667	18	8	16- 7- 0	.696	39	17
Megan Gibeault	F	Green Bay, WI	Bemidji State	5- 3- 1	.611	16	11	9- 9- 3	.500	29	30
Kelsey Palmer	F	Crookston, MN	MSU Moorhead	3- 5- 1	.389	8	17	9-12- 2	.435	30	40
Vanessa Copiak	MF	Calgary, Alberta	Concordia-St. Paul	3- 6- 0	.333	10	11	5-14- 2	.286	13	31
vanessa Copiak	IVII	Cargary, Arberta	Southwest Minnesota.	2- 5- 2	.333	11	18	3-13- 4	.250	17	41
			Minnesota, Crookston	2- 7- 0	.222	14	31	5-15- 0	.250	39	52
			Wayne State	0- 9- 0	.000	7	32	1-15- 3	.132	12	52

2008 Golden Eagle Soccer Roster



No.	Name	Ht.	Yr.	Pos.	Hometown/Previous School
00	Leyla Castillo	5'3"	So.	GK	Miami, FL/Coral Reef
0	Anna Ogaard	5'8"	So.	GK	Maple Grove, MN/Osseo
1	Athena Mussenden	5'7"	Jr.	GK	Kenosha, WI/Christian Life
2	Kasey Castor*	5'1"	Fr.	M	Northglenn, CO/Community Christian
3	Megan Hannon	5'1"	Jr.	M	Green Bay, WI/Aschwaubenon
4	Kayla Wallis	5'10"	Fr.	D	Lakeville, MN/Lakeville North
6	Megan Gibeault	5'6"	So.	\mathbf{F}	Green Bay, WI/Aschwaubenon
7	Amber Erdmann	5'9"	Sr.	D/M/F	Crookston, MN
9	Alyssa Jensen	5'3"	Sr.	F/M/D	Rice Lake, WI
10	Vanessa Copiak*	5'4"	Sr.	M	Calgary, Alberta/Mayville State
11	Justine Jones	5'3"	Jr.	M/F	Richland, WA/Walla Walla C.C.
12	Emmy Peltier	5'1"	RS	M	Starbuck, MN/Minnewaska Area
14	Amanda Reiter	5'2"	Fr.	D/M	Akeley, MN/W-H-A
15	Richelle Copiak	5'5"	Sr.	\mathbf{F}	Calgary, Alberta/Mayville State
16	Michelle Cavanaugh	5'9"	Fr.	D/M	Las Vegas, NV/Shadow Ridge
17	Stephanie Lee	5'8"	So.	D	Port Chester, NY/Scarsdale
18	Auralee Strege	5'1"	Fr.	F/M	Forest Lake, MN/BYU-Idaho
19	Alysia "Lucy" Lucero*	5'4"	So.	D	Albuquerque, NM/Cibola
20	Kelsey Palmer	5'3"	So.	\mathbf{F}	Crookston, MN
21	Ashley Sletten	5'5"	Fr.	F/M	Glenwood, MN/Minnewaska Area
22	Stephanie Moore	5'7"	RS	D	St. Paul, MN/St. Paul Johnson
Z-0-5					

(*) – denotes Captain(s)

Head Coach-Chris Przemieniecki (8th season)

Assistant Coaches- Allison Warren (1st Season)

Kiely Bladow (1st Season)

Student Assistant-John Benz

2007 Season Results

RECORD:	OVERALL	HOME	AWAY	NEUTRAL			
ALL GAMES(5-15- 0)	(3- 8- 0)	(2- 6- 0)	(0- 1- 0)			
CONFERENCE(2- 7- 0)	(1- 4- 0)	(1- 3- 0)	(0- 0- 0)			
NON-CONFERENCE (3- 8- 0)	(2- 4- 0)	(1- 3- 0)	(0- 1- 0)			

DATI	C		OPPONENT	W	/L	SCORE	ATT
Aug	24		AUGUSTANA COLLEGE		L	0-4	113
Aug	26	vs	Northern Michigan		L	0-3	35
Aug	31		DORDT COLLEGE (IA)		L	0-1	73
Sep	02		PRESENTATION COLLEGE	W		15-0	83
Sep	05	at	MSU Moorhead		L	1-2	123
Sep	08	at	Dakota Wesleyan	W		3-0	51
Sep	15	at	Bemidji State		LOI	0-1	135
Sep	16	at	Jamestown College		L	0-1	33
Sep	22		NORTHERN STATE		L	1-7	83
Sep	23		UNIVERSITY OF MARY		L	0-2	83
*Sep	29	at	SW Minnesota State		LO2	3-4	74
*Sep	30	at	Wayne State College	W	02	4-3	200
*Oct	06		MSU MOORHEAD	W		3-0	103
*Oct	07		CONCORDIA-ST. PAUL		L	0-5	67
*Oct	14		BEMIDJI STATE		L	_1-2_	73
Oct	15		PROVIDENCE COLLEGE	W		5-0	43
*Oct	20	at	Northern State		L	0-5	93
*Oct	21	at	University of Mary		L	2-4	177
*Oct	27		UPPER IOWA		L	1-6	42
*Oct	28		WINONA STATE		L	0-2	47

2007 Overall Team Statistics

Overall: 5-15-0 Conf: 2-7-0 Home: 3-8-0 Away: 2-6-0 Neut: 0-1-0

TEAM STAT	'ISTI	CS			UMCSOC	OC OPP			
SHOT STAT	ISTI	CS							
Goals-S						39-266	52-329		
Goals s	core	d ave		1.91	2.54				
Shot po					.158				
						166-266			
SOG pct						.624			
Shots/G						13.3			
Assists						34 66			
CORNER KI PENALTY K						0-0			
PENALTIES						0-0	3-3		
Yellow						3	1		
Red car						0	0		
ATTENDANC	E								
Total						810	886		
Dates/A	vg P	er Da	ite.			11/74	8/111		
Neutral	Site	e #/A	wg.			1/35			
GOALS BY PERIOD	1st 	2nd	OT	OT2		Total			
Minnesota, Crookston	19	19	0	1	-	39			
Opponents	29	21	1	1	-	52			
SHOTS BY PERIOD	1st —	2nd	ОТ	OT2		Total			
Minnesota, Crookston	114	143	6	3	-	266			
Opponents	171	151	6	1	-	329			
SAVES BY PERIOD	1st	2nd	OT	OT2		Total			
Minnesota, Crookston	64	69	4	0	_	137			
Opponents	53		4		_				
opposition of the contract of		, 0	_	Ū					
CORNER KICKS BY PRD	1st 	2nd	OT	OT2		Total			
Minnesota, Crookston	28	37	1	0	-	66			
Opponents	56	33	1	1	-	91			
FOULS BY PERIOD	1st	2nd	OT	OT2		Total			
Minnesota, Crookston	— 78	72	3	3	_	156			
Opponents			1		_				
-11	. 3	_							

2007 Individual Statistics

Overall: 5-15-0 Conf: 2-7-0 Home: 3-8-0 Away: 2-6-0 Neut: 0-1-0

					SHOT	S	—						
## N	Jame	GP-GS	G	A	Pts	Sh	Shot%	SOG	SOG%	GW	PK-AT'	Γ	
5 W	Welch, Samantha	20-19	4	0	8	48	.083	24	.500	0	0-0		
6 G	Gibeault, Megan	19-17	8	2	18	39	.205	20	.513	3	0-0		
20 P	Palmer, Kelsey	20-18	7	4	18	31	.226	20	.645	0	0-0		
12 T	Thorbjornsen, Becky	20-20	4	1	9	29	.138	20	.690	0	0-0		
14 B	Bladow, Kiely	20-20	1	13	15	26	.038	17	.654	0	0-0		
7 E	Erdmann, Amber	20-14	4	2	10	18	.222	16	.889	0	0-0		
9 J	Jensen, Alyssa	19-15	1	2	4	14	.071	10	.714	0	0-0		
10 C	Copiak, Vanessa	20-20	4	7	15	12	.333	8	.667	1	0-0		
17 L	ee, Stephanie	20-18	0	1	1	11	.000	7	.636	0	0-0		
19 L	ucero, Alysia	20-20	0	0	0	11	.000	7	.636	0	0-0		
3 н	Hannon, Megan	18-10	1	0	2	8	.125	5	.625	0	0-0		
15 C	Copiak, Richelle	16-2	1	2	4	7	.143	4	.571	0	0-0		
4 C	Creelman, Jacky	17-7	2	0	4	5	.400	4	.800	0	0-0		
11 K	Kuntz, Melanie	8-0	1	0	2	4	.250	2	.500	0	0-0		
0 0	gaard, Anna	13-5	1	0	2	2	.500	2	1.000	0	0-0		
25 C	Castillo, Leyla	9-5	0	0	0	1	.000	0	.000	0	0-0		
00 C	Cooper, Emily	1-0	0	0	0	0	.000	0	.000	0	0-0		
Т	Cotal	20	39	34	112	266	.147	166	.624	4	0-0		
0)pponents	20	52	44	148	329	.158	189	.574	15	3-3		
			-GO	AL Z	AVER	AGE—	-SA	VES-	RI	ECORI	D		
## N	Jame	GP-GS	Min	ute	s (GA	Avg	Saves	Pct	= 1	W L	Т	Sho
1 M	Mussenden, Athena	14-7	85	3:1	5	18	1.90	65	.783	3 :	1 7	0	1
25 C	Castillo, Leyla	8-5	45	4:0!	5	11	2.18	30	.732	2 :	2 3	0	1
0 0	gaard, Anna	11-4	53	4:0	3	23	3.88	42	.646	5 .	1 5	0	0
TM T	TEAM			0:0	0	0	0.00	0	.000) :	1 0	0	2
Т	Cotal	20	184	1:2	3	52	2.54	137	.725	5 !	5 15	0	4
0)pponents	20	184	1:2	3	39	1.91	127	.765	5 1	5 5	0	9

Team saves: 0